

Ladder Safety

Ladders are dangerous tools that should be used as a last resort. Always use a safer alternative to ladders when possible.

20,000+
WORKPLACE INJURIES
INVOLVING LADDERS EVERY YEAR



LADDER ALTERNATIVES:

- Scissor lift
- Scaffolding
- Aerial lift
- Rolling stairs



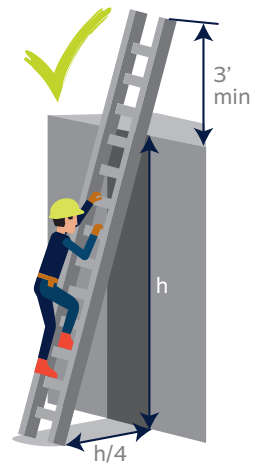
NEVER USE A LADDER WITH METAL COMPONENTS AROUND ELECTRICAL WIRES



THE **SAFEST** WAY TO WORK AT HEIGHTS IS WITH A LIFT, PORTABLE STAIRS OR ANOTHER ALTERNATIVE!

IF YOU MUST USE A LADDER...

- Choose the correct ladder for the job.
Ex: step, extension, dual-purpose, platform, single rail
- Inspect the ladder for damage before use.
- Review and follow warnings and instructions.
- Avoid over-reaching.
- Maintain three points of contact.
- Ask for help when using a ladder.
- Secure extension ladders at least 3 feet above support edge. Set the ladder out one foot for every four feet of ladder height to the support edge.



To learn more about the Ladders Last philosophy, visit mem-ins.com/ladderslast.